

# #girlpower

... A big Uplands welcome back to Ellie and Nadine and welcome to the newest member of our team, Georgie.

Pop along to the gym and say hello, or join one of their classes - check out the new timetable overleaf.

To celebrate their arrival, we are giving you **50% off your first PT single session, saving you £20.00\***  
- call 01892 782136 to book.



# UPLANDS SPORTS CENTRE

20

years of fitness

1998-2018



✓ Free WiFi  
✓ Sky Sports

## FREE ONE DAY PASS

Enjoy all our facilities for a day on us, visit [www.uplandssportscentre.co.uk](http://www.uplandssportscentre.co.uk) for a FREE voucher!

## New Children's Party Options

We are pleased to announce an exciting new range of children's parties... we organise the party, so you can enjoy being a part of it!

If your child wants Olaf at their party, wants to dance in a disco dome bouncy castle, play bubble football, have a nerf gun party (with an inflatable tank!), or something completely different - then they can have it! **Take a look at our website for more details, or pick up a leaflet in Reception.**

\* Offer ends 23/12/18 & is valid for 1 hour bookings with Ellie, Nadine & Georgie



New timetable and classes overleaf >>

