

BOOKING

Please fill in the booking form below and return with your payment. Cheques to be made payable to UPLANDS SPORTS CENTRE : Lower High Street -Wadhurst - East Sussex - TN5 6BA

For debit/credit card payments please call: 01892 782136

Name : _____ d.o.b. _____

Address: _____

Postcode: _____

Telephone no: _____

Emergency contact: _____

E-mail address: _____

Medical details: _____

I give permission for my child to take part in these activities and understand that Uplands Sports Centre cannot be held responsible for any injury to my child during any activity sessions, providing this is within safe working practises as laid down by the sports governing body.

		Age	w/c 27/7/15	w/c 03/08/15	w/c 10/08/15	w/c 17/08/15
Mon	Trampoline 10-1pm	5+	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tue	Gymnastics 10-1pm	5+	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fri	Tennis 1-4pm	7+	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Parents signature _____ Date _____

A booking confirmation will be sent on receipt of payment.

Uplands Sports Centre reserves the right to cancel any courses where the minimum number of participants are not reached. Should this occur, the course will be refunded. Refunds will not be given for non-attendance or for cancellation within 14 days of each individual session.

UPLANDS
SPORTS CENTRE

Summer Holiday Activities

UPLANDS SPORTS CENTRE WADHURST

23rd July 2015 - 21st August 2015



PREMIER SPORT will be at Uplands Sports Centre with action-packed summer days for kids to have fun, learn new skills and stay active on the

23rd & 24th July and the 4th, 5th, 6th, 7th,

18th, 19th, 20th & 21st August 2015.

Book before 20th July and it's just £11.90 per day or £16.95 for bookings made after this date. For more details and to book please call 01953 499040 or visit www.premiersport.org

For:

Trampoline,
Gymnastics &
Tennis coaching

*please see inside for
more details.....*



• Uplands Sports Centre • Lower High Street • Wadhurst •
• East Sussex • TN5 6BA •
• Tel: 01892-782136 •

• www.uplandssportscentre.co.uk •

HOLIDAY CLUBS		
	DATE	
Mon	27/7	Trampoline <input type="checkbox"/>
Tue	28/7	Gymnastics <input type="checkbox"/>
Fri	31/7	Tennis <input type="checkbox"/>
Mon	3/8	Trampoline <input type="checkbox"/>
Tue	4/8	Gymnastics <input type="checkbox"/>
Fri	7/8	Tennis <input type="checkbox"/>
Mon	10/8	Trampoline <input type="checkbox"/>
Tue	11/8	Gymnastics <input type="checkbox"/>
Fri	14/8	Tennis <input type="checkbox"/>
Mon	17/8	Trampoline <input type="checkbox"/>
Tue	18/8	Gymnastics <input type="checkbox"/>
Fri	21/8	Tennis <input type="checkbox"/>

COACHES

TRAMPOLINE : KATIE/ LOUISA

Both Katie and Louisa are fully qualified trampolining coaches
 Louisa is a PE teacher with 4 years experience teaching children across all ages
 in all disciplines of sport

Both Katie and Louisa have lots of experience working with young children
 of all ages and abilities

CARDIO TENNIS : SIMON

Simon is a fully qualified cardio tennis coach and highly qualified fitness
 instructor and Personal Trainer

GYMNASTICS: CHRISTINE

Chris is a qualified British Gymnastics coach with years of experience,
 including coaching her own daughter to British Championship level.

STICKY FINGERS can provide childcare

during the summer holiday.

For details, please phone Amanda on 01892 786585 or visit their
 website www.stickyfingersandoasties.co.uk

	MINIMUM AGE	PRICES: Per Child/per session, to pay on booking
TRAMPOLINE 10-1pm	5+	£12.50
GYMNASTICS 10-1pm	5+	£12.50
TENNIS 1-4pm	7+	£12.50

- All coaches and staff have Child protection certification & are DBS checked
- All coaches and staff are Emergency Aid Qualified
- All coaches undergo continuous training and assessment

